



The Rehabilitation Network

Wilma Pretorius

Occupational Therapist & Case Manager

HPC: OT33134 BAOT: BT0228171 CMS-UK: CM-498-2007 BABICM: 0536



Profile

Wilma is an Independent Occupational Therapist and Case Manager with 23 years continuous experience in clinical rehabilitation and case management. Special interests include brain injury rehabilitation, complex orthopaedic and vocational rehabilitation, insurance assessments and case management. Interventions comprise a combination of hospital and community based treatment, worksite assessments, recommendations in respect of environmental adaptations and equipment provision.

Wilma's experience includes working independently within the insurance sector offering assessment, rehabilitation and case management since 1995, whilst continuing to carry a clinical caseload and working in close co-operation with a multi-disciplinary team.

Clinical skills/experience:

- Varied and extensive practical clinical experience in the assessment and treatment of a range of orthopaedic and neurological conditions.
- Specific interest in community and home-based rehabilitation of brain injury clients including vocational rehabilitation incorporating cognitive-behavioural strategies. Additional interests include upper limb rehabilitation following neurological injury.
- Offering goal-specific functional rehabilitation for a broad spectrum of conditions, including orthopaedic injuries, hand injuries, brain injuries, neurological impairment and amputations.
- Vocational rehabilitation experience of 13 years within insurance, NHS and private sectors.
- Embedded functional assessment and reporting skills.
- Experience includes working with a wide range of clients with varying educational backgrounds and ethnicity.

Managerial skills/experience:

- Management of clinical and rehabilitation teams within the NHS as Senior 1 OT and within insurance environment as Rehabilitation Co-ordinator for Momentum Risk Management Consultancy, Cape Town.
- Worked with Curamus, SA, to develop a strategy for intervention and management of spinal injuries within SA Police Department.
- Recruitment.

Administration:

Rivendell, 4 South Scarle Lane, North Scarle, Lincoln, LN6 9ER
Tel: 01522 778519 Fax: 0871 714 3638 Mobile: 07976 604541
e-mail: john@rehabilitation-network.org
www.rehabilitation-network.org



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- In-service training, appraisal and development in role as Senior 1 Neurological Occupational Therapist.
- Training of HR and Line Managers of corporate insurance policy holders in following rehabilitation protocols for management of recurring work-related conditions.
- Development of a pilot Brain Injury Rehabilitation service for catastrophic TBI clients at Sue Ryder Care in Ely, Cambridgeshire.

Career History

2004—present

Independent Occupational Therapist

Offering vocational rehabilitation and general rehabilitation services. Includes assessment of functional impact of disability and provision of return to work programmes, adaptations and equipment. Further services: Ergonomic assessment and advice, treatment of Acquired Brain Injury.

2001—2004

Senior 1 in Neuro-Rehab at Addenbrooke's Hospital

Offering rehabilitation to neurological patients within hospital and community settings. Additional brief rotations in Rheumatology and Orthopaedics.

1999—2001

Rehabilitation Co-ordinator at Momentum Risk Management Consultancy

Cape Town, South Africa

Responsibilities included case management of claimants and developing treatment / return to work programs in respect of claimants.

1998—1999

Disability Claims Assessor for Old Mutual Insurance Company.

Job included claims management and functional work assessments.

1994—1998

Independent Occupational Therapist

Self-employed in private practice offering vocational rehabilitation, work assessments and rehabilitation following injury or illness, medico-legal services, ABI rehabilitation and paediatrics.

1993

Occupational Therapist in Community Mental Health—Psychiatric Aftercare Havens

Port Elizabeth, South Africa.

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1991—1993

Senior Occupational Therapist in Adult Neurology and Surgery

Universitas Hospital, Bloemfontein, South Africa

1988—1991

Paediatric Occupational Therapist

Pietermaritzburg School Psychological Clinic and Tswelang School for the Physically Disabled

Working in school and clinic settings offering treatment to children with learning and developmental problems.

Professional Qualifications

- 1987 Bachelor degree in Occupational Therapy: University of the Orange Free State

Affiliations

- British Association of Occupational Therapists (BAOT)
- Case Management Society UK (CMS-UK)
- British Association of Brain Injury Case Managers (BABICM)
- College of Occupational Therapists Specialist Section—Independent Practice (COTSS-IP)
- College of Occupational Therapists Specialist Section—Work (COTSS-W)
- Vocational Rehabilitation Association (VRA)

Areas Covered:

Cambridgeshire, Essex, Northamptonshire, Bedfordshire, Central London & Greater London

East Anglia: Norfolk & Suffolk.

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