



# The Rehabilitation Network

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## Wilma Pretorius

### Occupational Therapist & Case Manager

HPC: OT33134 BAOT: BT0228171 CMS-UK: CM-498-2007 BABICM: 0536



### Profile

Wilma is an Independent Occupational Therapist and Case Manager with 23 years continuous experience in clinical rehabilitation and case management. Special interests include brain injury rehabilitation, complex orthopaedic and vocational rehabilitation, insurance assessments and case management. Interventions comprise a combination of hospital and community based treatment, worksite assessments, recommendations in respect of environmental adaptations and equipment provision.

Wilma's experience includes working independently within the insurance sector offering assessment, rehabilitation and case management since 1995, whilst continuing to carry a clinical caseload and working in close co-operation with a multi-disciplinary team.

#### Clinical skills/experience:

- Varied and extensive practical clinical experience in the assessment and treatment of a range of orthopaedic and neurological conditions.
- Specific interest in community and home-based rehabilitation of brain injury clients including vocational rehabilitation incorporating cognitive-behavioural strategies. Additional interests include upper limb rehabilitation following neurological injury.
- Offering goal-specific functional rehabilitation for a broad spectrum of conditions, including orthopaedic injuries, hand injuries, brain injuries, neurological impairment and amputations.
- Vocational rehabilitation experience of 13 years within insurance, NHS and private sectors.
- Embedded functional assessment and reporting skills.
- Experience includes working with a wide range of clients with varying educational backgrounds and ethnicity.

#### Managerial skills/experience:

- Management of clinical and rehabilitation teams within the NHS as Senior 1 OT and within insurance environment as Rehabilitation Co-ordinator for Momentum Risk Management Consultancy, Cape Town.
- Worked with Curamus, SA, to develop a strategy for intervention and management of spinal injuries within SA Police Department.
- Recruitment.

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#### Administration:

Rivendell, 4 South Scarle Lane, North Scarle, Lincoln, LN6 9ER  
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[www.rehabilitation-network.org](http://www.rehabilitation-network.org)



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- In-service training, appraisal and development in role as Senior 1 Neurological Occupational Therapist.
- Training of HR and Line Managers of corporate insurance policy holders in following rehabilitation protocols for management of recurring work-related conditions.
- Development of a pilot Brain Injury Rehabilitation service for catastrophic TBI clients at Sue Ryder Care in Ely, Cambridgeshire.

## *Career History*

**2004—present**

### **Independent Occupational Therapist**

Offering vocational rehabilitation and general rehabilitation services. Includes assessment of functional impact of disability and provision of return to work programmes, adaptations and equipment. Further services: Ergonomic assessment and advice, treatment of Acquired Brain Injury.

**2001—2004**

### **Senior 1 in Neuro-Rehab at Addenbrooke's Hospital**

Offering rehabilitation to neurological patients within hospital and community settings. Additional brief rotations in Rheumatology and Orthopaedics.

**1999—2001**

### **Rehabilitation Co-ordinator at Momentum Risk Management Consultancy**

*Cape Town, South Africa*

Responsibilities included case management of claimants and developing treatment / return to work programs in respect of claimants.

**1998—1999**

### **Disability Claims Assessor for Old Mutual Insurance Company.**

Job included claims management and functional work assessments.

**1994—1998**

### **Independent Occupational Therapist**

Self-employed in private practice offering vocational rehabilitation, work assessments and rehabilitation following injury or illness, medico-legal services, ABI rehabilitation and paediatrics.

**1993**

### **Occupational Therapist in Community Mental Health—Psychiatric Aftercare Havens**

*Port Elizabeth, South Africa.*

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**1991—1993**

**Senior Occupational Therapist in Adult Neurology and Surgery**

*Universitas Hospital, Bloemfontein, South Africa*

**1988—1991**

**Paediatric Occupational Therapist**

*Pietermaritzburg School Psychological Clinic and Tswelang School for the Physically Disabled*

Working in school and clinic settings offering treatment to children with learning and developmental problems.

## *Professional Qualifications*

- 1987 Bachelor degree in Occupational Therapy: University of the Orange Free State

## *Affiliations*

- British Association of Occupational Therapists (BAOT)
- Case Management Society UK (CMS-UK)
- British Association of Brain Injury Case Managers (BABICM)
- College of Occupational Therapists Specialist Section—Independent Practice (COTSS-IP)
- College of Occupational Therapists Specialist Section—Work (COTSS-W)
- Vocational Rehabilitation Association (VRA)

## *Areas Covered:*

**Cambridgeshire, Essex, Northamptonshire, Bedfordshire, Central London & Greater London**

**East Anglia: Norfolk & Suffolk.**

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