



The Rehabilitation Network

John Brett

Case Manager & RN General Manager

Professional Member of the Vocational Rehabilitation Association



Profile

A Clinical Hypnotherapist, Counsellor and Personal Development Coach with 18 years experience working with individuals and groups to facilitate personal growth and change, John has been a Rehabilitation Case Manager since 2006. Though his background may be unusual for this type of work, he was recruited for his astute assessment and treatment planning skills and his knack for problem solving with a solution focused approach. During that time he has gained extensive experience with a wide variety of injuries including multiple orthopaedic, spinal, acquired brain injury and psychological sequelae and has demonstrated a natural ability to thoroughly assess the needs of an injured / disabled person and develop a multidisciplinary approach to rehabilitation, with a return to work where feasible.

His understanding of the Case Management process together with his grasp of working with insurers and solicitors and his ability to forge good working relationships with all key stakeholders led to his appointment as the Quality Assurance Manager for The Rehabilitation Network in 2009, where he became responsible for overseeing the work of all RN's Case Managers. He is now the proprietor and General Manager.

Key skills include:

- Using counselling / psychotherapy skills to facilitate outcome orientated change and growth and sensitively support injured or disabled individuals in their rehabilitation.
- Employing assessment and analytical skills to clearly define a current situation; identify needs and set appropriate objectives.
- Reviewing and adapting treatment through flexible and creative use of a variety of pro-active strategies with regular feedback.
- Highly developed interpersonal skills—excellent communication and listening skills, motivating, working well with and inspiring others.
- Creative and methodical—probing, perceptive, resourceful, solution focused and adaptable.
- Possessing emotional maturity—confidence, self-awareness, tolerance, compassion, empathy.
- Training skills—applying personal development and life skills coaching in seminars, workshops.
- Accredited Supervisor providing integrative clinical supervision and personal development to professionals including Counsellors, Psychotherapists, Hypnotherapists and Case Managers.

Administration:

Rivendell, 4 South Scarle Lane, North Scarle, Lincoln, LN6 9ER
Tel: 01522 778519 Fax: 0871 714 3638 Mobile: 07976 604541
e-mail: john@rehabilitation-network.org
www.rehabilitation-network.org



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Experience & Specialist Areas

John has experience and special interest in:

- Multiple Orthopaedic injuries.
- Acquired Brain Injury
- Injuries with psychological sequelae.
- Treating depression, anxiety disorders, and panic disorder.
- Stress management and reduction.
- Pain management and relaxation.

Career History

April 2010—present

General Manager, The Rehabilitation Network

After working for 4 years for RN, John became the owner and took over the day to day running of RN. The Rehabilitation Network was originally established in 2001.

April 2009—April 2010

Quality Assurance Manager, The Rehabilitation Network

Responsible for tracking all RN cases and reports, proofing reports and reviewing rehab content / activities of all Case Managers, maintaining Quality Assurance standards and ensuring Case Managers adhere to RN policies, customer requirements and the Rehabilitation Code of Best Practice (2007); providing supervision for Case Managers. Also responsible for assigning new cases and liaising with referrers / customers including insurers and solicitors.

April 2008—present

Hypnotherapy Trainer

Planning course content, structuring and delivering training in Clinical Hypnotherapy including hypnosis training, integrative counselling and psychotherapy skills, assessment, treatment planning and delivery. In 2010 he was recruited by the training school & professional association where he originally trained to become their trainer—5 year post.

April 2006—present

Rehabilitation Case Manager, The Rehabilitation Network.

Providing Rehabilitation Assessments and Case Management services in personal injury and disability. Working in liaison with injured parties, medical and therapeutic personnel, insurers and solicitors to provide medical and vocational rehabilitation packages.

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September 2003—present

Clinical Hypnotherapist & Personal Development Coach, Empower Yourself Therapy & Training.

Private practice assessing and treating a wide range of psychological and emotional problems with an integrative approach, including: depression, anxiety, panic attacks, specific phobias, stress related problems, weight management, confidence and self-esteem, pain management and compulsions. Personal Development Coaching – working with clients to manage personal, lifestyle, and career changes, and helping with motivation and goal setting.

Professional Qualifications

Diploma in Clinical Hypnotherapy (Dip.Hyp)
Certified Ericksonian Hypnotherapist (Cert.E.Hyp)
Certified Specialist in working with Depression (Cert.S.Dep)
Diploma in Cognitive Behaviour Therapy (Dip.CBT)
Licensed Practitioner of Neuro Linguistic Programming (PNLP)
Certificate in Counselling Skills
Practitioner Certification in Emotional Freedom Techniques (EFT Prac.)
National Council of Psychotherapists Accredited Supervisor
Hypnotherapy Society Accredited Supervisor

Affiliations

- The World Federation of Hypnotherapists (MWFH, Training School)
- The British Association of Therapeutical Hypnotherapists (MBATHH)
- The Society of Hypno-Analysts (MSHA)
- The Hypnotherapy Society (MHS, Accrediting body)
- The Counselling Society (MCS (Acc.) Accrediting body)
- The British Board of Neuro-Linguistic Programming (MBBNLP)
- The Global Organisation of Neuro-Linguistic Programming (MGONLP)
- The Association for the Advancement of Meridian Energy Techniques (MAAMET)
- Professional Member of the Vocational Rehabilitation Association (PVRA)

Areas Covered:

East Midlands: Lincolnshire, Derbyshire, Nottinghamshire, Leicestershire. Yorkshire.

North East: Co. Durham, Newcastle & Tyneside. East Anglia: Norfolk, Suffolk.

Staffordshire, West Midlands, Warwickshire, Northamptonshire, Milton Keynes, Bedfordshire, Cambridgeshire. London: Central & Greater London.

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