



The Rehabilitation Network

Ailsa Reston

Occupational Therapist & Case Manager

HPC: OT15301 BAOT: BT0031395 COTSS-IP: 709



Profile

Ailsa has 23 years experience working as an Occupational Therapist in the NHS and independent sector. She has experience of working as part of a multi disciplinary team and being involved in setting up new departments when working as a head OT at Wirral Hospitals. This developed her management skills and gave her the confidence to set up as an independent practitioner. Along with her business partner she is a director of a limited company and has developed her skills in managing and marketing a business.

In her work in the independent sector she has gained experience in providing assessments of a person's functional ability and making recommendations for equipment, assistive technology and adaptations to the home and work place to enable them to live independently. Over the past 10 years Ailsa has gained experience of carrying out wheelchair assessments and has a wide knowledge of manual and electric wheelchairs available on the market.

Ailsa joined The Rehabilitation Network in 2009, and since that time has worked and gained experience carrying out immediate needs assessments and rehabilitation plans for clients with traumatic injuries and acquired brain injuries.

Career History

April 2009—present

Rehabilitation Case Manager with The Rehabilitation Network

Providing assessment, treatment and rehabilitation for clients who have been referred mainly following road traffic accidents. This includes initial needs assessment then planning and implementing rehabilitation goals and strategies to assist the injured person back to work if possible.

December 2008—present

Reston, Kelly & Steddy Ltd

The development of this new company is giving the opportunity to provide a comprehensive service to clients. RKS Ltd has a demonstration area and retail space, is able to provide advice on appropriate adaptations, oversee any work that is undertaken and continuing rehabilitation where required. RKS Ltd employs another Occupational Therapist and support staff.

Administration:

Rivendell, 4 South Scarle Lane, North Scarle, Lincoln, LN6 9ER
Tel: 01522 778519 Fax: 0871 714 3638 Mobile: 07976 604541
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www.rehabilitation-network.org



The Rehabilitation Network

February 2000—December 2008

Reston Kelly Ltd

Set up Reston Kelly Ltd with business partner Bev Kelly in response to a growing demand for specialised Occupational Therapy assessments within industry and the private sector. Experienced in providing assessments and reports for medico-legal purposes. These have involved a detailed account of a person's ability to carry out everyday activities as well as their needs in terms of equipment, care, environmental issues and rehabilitation. In addition, provision of locum Occupational Therapy services to the NHS, working in the following areas: Neurological Rehabilitation unit working with mainly acquired brain injury clients, Stroke Rehabilitation unit, and in Elderly Rehabilitation both in the hospital and community setting. Provision of Occupational Therapy assessments for electric wheelchairs and scooters for the Mobility Bureau, functional assessments for charities such as the Royal British Legion, plus provision of training in basic ergonomics for the RNID.

February 2000—December 2002

Senior 1 Occupational Therapist (Stroke Assessment Unit)

Arrowe Park Hospital, Wirral Hospital Trust.

January 1996—February 2000

Head III Occupational Therapist (acute physical medicine/rehabilitation)

Clatterbridge & Arrowe Park Hospitals, Wirral Hospital Trust.

July 1990—January 1996

Senior I Occupational Therapist (Stroke Rehabilitation Unit)

Clatterbridge Hospital, Wirral Hospital Trust

Professional Qualifications

1983—1986 St Andrews School of Occupational Therapy, Northampton: Dip.COT, SROT

Affiliations

- Member of the British Association of Occupational Therapists
- Member of College of Occupational Therapists Specialist Section—Independent Practice
- Member of the Posture and Mobility Group

Areas Covered:

Merseyside, North Wales & Cheshire, Greater Manchester & Lancashire, Staffordshire & West Midlands.

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