

CURRICULUM VITAE

Ailsa Reston

Occupational Therapist & Case Manager



Geographical Home area: Chester

Working area: Merseyside, North Wales & Cheshire, Greater Manchester

& Lancashire, Staffordshire & West Midlands.

Qualifications/Professional Memberships:

1983—1986 St Andrews School of Occupational Therapy, Northampton:

Dip.COT, SROT

1. Royal College of Occupational Therapists Specialist Section-Independent Practice – number 709

- 2. Royal College of Occupational Therapists number BT0031395
- 3. The Health and Care Professionals Councils number OT15301

Profile

Ailsa has over 30 years' experience working as an Occupational Therapist in the NHS and independent sector. In 2000, along with her business partner, she set up in independent practice as an Occupational Therapist. Over the years she has developed her skills in managing and marketing a business. As an independent practitioner, she has gained experience in working with a wide range of clients in many different settings. In her work within the independent sector she has gained experience in providing assessments of a person's functional ability and making recommendations for equipment, assistive technology and adaptations to the home and workplace to enable them to live independently. She has gained a vast experience in wheelchair and seating assessment and knowledge of products of both manual and electric wheelchairs as well as specialised seating for those with a more specific need.

Ailsa joined The Rehabilitation Network in 2009, and since that time has worked and gained experience carrying out immediate needs assessments and rehabilitation plans for clients with traumatic injuries and acquired brain injuries. She has experience of working as part of a multi-disciplinary as part of her NHS and case management work.

Rivendell, 4 South Scarle Lane, North Scarle, Lincoln, LN6 9ER
Tel: **01522 778689** Fax: 0871 714 3638 Mobile: 07976 604541

e-mail: <u>john@rehabilitation-network.org</u> www.rehabilitation-network.org

Career History April 2009—present

Rehabilitation Case Manager with The Rehabilitation Network

Providing assessment, treatment and rehabilitation for clients who have been referred mainly following road traffic accidents. This includes initial needs assessment then planning and implementing rehabilitation goals and strategies to assist the injured person back to work if possible. This work includes liaising with all those involved in a client's rehabilitation.

December 2008—present

RKS Ltd

RKS Ltd provide a provide a comprehensive service to clients who require occupational therapy services. RKS Ltd has a demonstration area and retail space, is able to provide advice on appropriate adaptations, oversee any work that is undertaken and continuing rehabilitation where required. They are a Motability dealer for wheelchairs and scooters and have been awarded a commended award for their customer service in 2017. RKS Ltd employs another Occupational Therapist and support staff. RKS provide Occupational therapy services to Wrexham social services to help with reducing their waiting lists and to Wirral St Johns Hospice, Huddersfield wheelchair services. RKS ltd carry out independent living assessments for Friends Life insurance company

February 2000—December 2008

Reston Kelly Ltd

Set up Reston Kelly Ltd with business partner Bev Kelly in response to a growing demand for specialised Occupational Therapy assessments within industry and the private sector. Experienced in providing assessments and reports for medico-legal purposes. These have involved a detailed account of a person's ability to carry out everyday activities as well as their needs in terms of equipment, care, environmental issues and rehabilitation. In addition, provision of locum Occupational Therapy services to the NHS, working in the following areas: Neurological Rehabilitation unit working with mainly acquired brain injury clients, Stroke Rehabilitation unit, and in Elderly Rehabilitation both in the

hospital and community setting. Provision of Occupational Therapy assessments for electric

wheelchairs and scooters for the Mobility Bureau, functional assessments for charities such as the

Royal British Legion, plus provision of training in basic ergonomics for the RNID.

February 2000—December 2002

Senior 1 Occupational Therapist (Stroke Assessment Unit)

Arrowe Park Hospital, Wirral Hospital Trust.

January 1996—February 2000

Head III Occupational Therapist (acute physical medicine/rehabilitation)

Clatterbridge & Arrowe Park Hospitals, Wirral Hospital Trust.

September 2019 Page 2 of 3

July 1990—January 1996

Senior I Occupational Therapist (Stroke Rehabilitation Unit)

Clatterbridge Hospital, Wirral Hospital Trust

Additional Training

- Posture and Mobility conference Birmingham July 2016
- RCOT-SS Independent practice conference Stratford upon Avon 2015
- Jay product training wheelchair cushions and backs, Sunrise medical June 2017

September 2019 Page 3 of 3